



**Public Health**  
Prevent. Promote. Protect.

Clinton County Health District

# Clinton County Health District

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## Process for Cooling Foods

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- Hot foods **must** be cooled from:
  - 135° F to 70° F within 2 hours or less
  - 70° F to 41° F within 4 additional hours or less
- Uncover but protect all foods while cooling under refrigeration
- Properly cooling cooked foods will limit bacterial growth

### USE SHALLOW PANS



### USE ICE WANDS OR ICE BATHS AND STIR OFTEN

### USE BLAST CHILLER OR REFRIGERATION



### CHECK TEMPERATURES OF FOODS OFTEN!

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